

## SUBCHAPTER 71F – INDIVIDUAL AND FAMILY ADJUSTMENT SERVICES

### 10A NCAC 71F .0101 NATURE AND SCOPE

- (a) The definition of individual and family adjustment services is set forth in 10A NCAC 71R .0910.
- (b) Casework counseling is at the core of this service. In the context of this service casework counseling is a process between social worker and client based on a mutual exchange of ideas, opinions, information and consideration of alternatives intended to result in decisions and positive action on the part of the client which will contribute to resolution of or adjustment to identified problems.
- (c) Specialized counseling may be provided in the specified problem areas referred to in 10A NCAC 71R .0910.
- (d) Counseling as a part of this service is not psychotherapy nor is it treatment oriented.

*History Note:* Authority G.S. 143B-153;  
Eff. July 23, 1979;  
Amended Eff. July 1, 1990; July 1, 1984;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 20, 2017.